
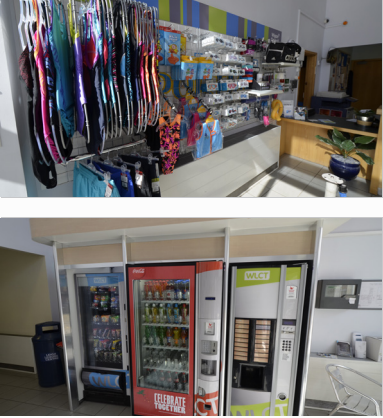







TRIGGERS AND DISTRACTIONS GUIDE

LOCATION	TRIGGER/DISTRACTION	ADDITIONAL INFORMATION
	<p>Car Park- Main road</p>	<p>There are three possible car parks that can be used when visiting Leigh Sports Centre. One to the left of the Sports Centre, one directly opposite the entrance and one to the far side of the centre, next to the Athletics track.</p> <p>Tip- There are 8 accessible bays on the car park next to the Athletics track. If you park here you do not have to cross the main road to get to the entrance.</p>
	<p>Reception area</p> <p>Shop</p> <p>Vending area</p>	<p>Queueing can be a problem during busy periods, sometimes there are queues all the way out of the front door. Please check what events/classes are on before visiting if queueing is an issue for you.</p> <p>On the left when you enter the building there is a swimming equipment shop. There is a large amount of stock in this shop which could be visually distracting.</p> <p>On the right of reception is a vending area including 3 machines selling hot and cold drinks, sweets, crisps and chocolate. There is also a table and chairs next to it which could have people eating or drinking.</p>

LOCATION	TRIGGER/DISTRACTION	ADDITIONAL INFORMATION
	<p>Seating area first floor</p>	<p>This seating area is located on the first floor next to the gym entrance. At any time there could be people in this area eating and drinking.</p>
	<p>Vending area first floor</p>	<p>This vending area is situated at the top of the stairs, or to the left as you exit the lift. Consisting of three machines selling hot and cold drinks, sweets, crisps and chocolate.</p>
	<p>Fire safety equipment</p>	<p>Throughout the building there is fire safety equipment including fire extinguishers and breakable fire alarms.</p>

LOCATION	TRIGGER/DISTRACTION	ADDITIONAL INFORMATION
	<p>Gym Office</p>	<p>As you walk into the gym on the far right against the wall is a small office. The door is often left open.</p>
	<p>Studio 3</p>	<p>There are two storeroom doors in the studio and two doors for entrance and exit located at opposite sides of the room.</p> <p>There is also a large glass viewing window which looks into the sports hall.</p>